



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”
Matthew 18:20 KJV

February

Alberta Conference

- 4 – Administration & Board
- 5 – Departmental Directors & Support Staff
- 6 – Evangelistic Efforts & Interests
- 7 – Pastors & Members
- 11 – Teachers & Students

British Columbia Conference

- 12 – Administration & Board
- 13 – Departmental Directors & Support Staff
- 14 – Evangelistic Efforts & Interests
- 19 – Pastors & Members
- 20 – Teachers & Students

Maritime Conference

- 21 – Administration & Board
- 25 – Departmental Directors & Support Staff
- 26 – Evangelistic Efforts & Interests
- 27 – Pastors & Members
- 28 – Teachers & Students

2019 Cheques/EFT Schedule:



February 25
March 25
April 25

Canadian Retirement Plans

Marilyn Pazitka, *Director*
Pazitka.Marilyn@adventist.ca

Charisma Hodgins
Retirement Specialist/Quality Assurance
Hodgins.Charisma@adventist.ca

Submit changes to:
Direct deposits, cheques, tax withholding, change of address, reporting a death
Pornillosa.Aileen@adventist.ca

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Lori Dooks, *Director*
Dooks.Lori@adventist.ca

Karen Nation, *Benefit Specialist*
Nation.Karen@adventist.ca

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2019 Canadian to US Exchange Rates:
January Statement / Exchange Rate = Bank Deposit
2019 Annual Fixed Rate: 1.2957

January	1.3559	July
February		August
March		September
April		October
May		November
June		December