



## Seventh-day Adventist Church Retirement Plan for Canadian Employees



### Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”  
Matthew 18:20 KJV

## July

### Ontario Conference

- 2 – Evangelistic Efforts & Interests
- 3 – Pastors & Members
- 4 – Teachers & Students

### Quebec Conference

- 8 – Administration & Board
- 9 – Departmental Directors & Support Staff
- 10 – Evangelistic Efforts & Interests
- 11 – Pastors & Members
- 15 – Teachers & Students

### ADRA Canada

- 16 – Administration & Board
- 17 – Support Staff
- 18 – Overseas
- 22 – Program Directors

### It Is Written, Canada

- 23 – Administration & Board
- 24 – Support Staff
- 25 – Evangelistic Meetings
- 29 – Television Viewers

### Burman University

- 30 – Administration & Board
- 31 – Teachers & Students

### 2019 Cheques/EFT Schedule:



July 25  
August 23  
September 25

### Canadian Retirement Plans

Marilyn Pazitka, *Director*  
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Charisma Hodgins  
*Retirement Specialist/Quality Assurance*  
[Hodgins.Charisma@adventist.ca](mailto:Hodgins.Charisma@adventist.ca)

Submit changes to:  
*Direct deposits, cheques, tax withholding, change of address, reporting a death*  
[Pornillosa.Aileen@adventist.ca](mailto:Pornillosa.Aileen@adventist.ca)

Send comments/suggestions to:  
*Retirement Department*  
1148 King St E  
Oshawa ON L1H 1H8  
Phone: (905) 433-0011  
Fax: (905) 433-0982  
Web Site: [www.adventist.ca/retirement](http://www.adventist.ca/retirement)

### Health Benefits Plan

Karen Nation, *Director*  
[Nation.Karen@adventist.ca](mailto:Nation.Karen@adventist.ca)

Marie Corniel, *Benefit Specialist*  
[Corniel.Marie@adventist.ca](mailto:Corniel.Marie@adventist.ca)

1-800-263-7868  
*Healthcare Claims Queries*

Submit medical claims to:  
*Health Benefits Administration*  
1148 King St E  
Oshawa ON L1H 1H8

**2019 Canadian to US Exchange Rates:**  
January Statement / Exchange Rate = Bank Deposit  
Annual Fixed Rate: 1.2957

January	1.3559	July
February	1.3358	August
March	1.3659	September
April	1.3724	October
May	1.3704	November
June	1.3409	December