



## Seventh-day Adventist Church Retirement Plan for Canadian Employees



### Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”  
Matthew 18:20 KJV

### August

#### Burman University

- 1 – Recruitment / Campus Ministry
- 6 – Parents / Sponsors

#### Kingsway College

- 7 – Administration & Board
- 8 – Teachers & Students
- 12 – Recruitment / Campus Ministry
- 13 – Parents / Sponsors

#### SDACC

- 14 – Administration & Board
- 15 – Departmental Directors & Support Staff
- 19 – Missionaries
- 20 – Retirees

#### Alberta Conference

- 21 – Administration & Board
- 22 – Departmental Directors & Support Staff
- 26 – Evangelistic Efforts & Interests
- 27 – Pastors & Members
- 28 – Teachers & Students

#### British Columbia Conference

- 29 – Administration & Board

### Canadian Retirement Plans

Marilyn Pazitka, *Director*  
Pazitka.Marilyn@adventist.ca

Charisma Hodgins  
*Retirement Specialist/Quality Assurance*  
Hodgins.Charisma@adventist.ca

Submit changes to:  
*Direct deposits, cheques, tax withholding, change of address, reporting a death*  
Pornillosa.Aileen@adventist.ca

Send comments/suggestions to:  
*Retirement Department*  
1148 King St E  
Oshawa ON L1H 1H8  
Phone: (905) 433-0011  
Fax: (905) 433-0982  
Web Site: [www.adventist.ca/retirement](http://www.adventist.ca/retirement)

### Health Benefits Plan

Karen Nation, *Director*  
Nation.Karen@adventist.ca

Marie Corniel, *Benefit Specialist*  
Corniel.Marie@adventist.ca

1-800-263-7868  
*Healthcare Claims Queries*

Submit medical claims to:  
*Health Benefits Administration*  
1148 King St E  
Oshawa ON L1H 1H8

### 2019 Cheques/EFT Schedule:



August 23  
September 25  
October 25

### 2019 Canadian to US Exchange Rates: January Statement / Exchange Rate = Bank Deposit Annual Fixed Rate: 1.2957

January	1.3559	July	1.3363
February	1.3358	August	
March	1.3659	September	
April	1.3724	October	
May	1.3704	November	
June	1.3409	December	