



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”
Matthew 18:20 KJV

December

Alberta Conference

- 2 – Pastors & Members
- 3 – Teachers & Students

British Columbia Conference

- 4 – Administration & Board
- 5 – Departmental Directors & Support Staff
- 9 – Evangelistic Efforts & Interests
- 10 – Pastors & Members
- 11 – Teachers & Students

Maritime Conference

- 12 – Administration & Board
- 16 – Departmental Directors & Support Staff
- 17 – Evangelistic Efforts & Interests
- 18 – Pastors & Members
- 19 – Teachers & Students

Manitoba-Saskatchewan Conference

- 23 – Administration & Board
- 24 – Departmental Directors & Support Staff
- 31 – Evangelistic Efforts & Interests

Canadian Retirement Plans

Marilyn Pazitka, *Director*
Pazitka.Marilyn@adventist.ca

Charisma Hodgins
Retirement Specialist/Quality Assurance
Hodgins.Charisma@adventist.ca

Submit changes to:
Direct deposits, cheques, tax withholding, change of address, reporting a death
Pornillosa.Aileen@adventist.ca

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Marie Corniel, *Benefit Specialist*
Corniel.Marie@adventist.ca

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2019/2020 Cheques/EFT Schedule:



December 23
January 24
February 25

2019 Canadian to US Exchange Rates: January Statement / Exchange Rate = Bank Deposit Annual Fixed Rate: 1.2957

January	1.3559	July	1.3363
February	1.3358	August	1.3545
March	1.3659	September	1.3482
April	1.3724	October	1.3303
May	1.3704	November	1.3520
June	1.3409	December	