



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”
Matthew 18:20 KJV

December

Manitoba-Saskatchewan Conference

- 1 – Pastors & Members
- 2 – Teachers & Students

Newfoundland and Labrador Mission

- 3 – Administration & Board
- 7 – Departmental Directors & Support Staff
- 8 – Evangelistic Efforts & Interests
- 9 – Pastors & Members
- 10 – SDA Students in Public Schools

Ontario Conference

- 14 – Administration & Board
- 15 – Departmental Directors & Support Staff
- 16 – Evangelistic Efforts & Interests
- 17 – Pastors & Members
- 21 – Teachers & Students

Quebec Conference

- 22 – Administration & Board
- 23 – Departmental Directors & Support Staff
- 24 – Evangelistic Efforts & Interests

Canadian Retirement Plans

Marilyn Pazitka, *Director*
Pazitka.Marilyn@adventist.ca

Charisma Hodgins
Retirement Specialist/Quality Assurance
Hodgins.Charisma@adventist.ca

Submit changes to:
Direct deposits, cheques, tax withholding, change of address, reporting a death
Pornillosa.Aileen@adventist.ca

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O’Dell, *Director*
Odell.Jeremy@adventist.ca

Marie Corniel, *Benefit Specialist*
Corniel.Marie@adventist.ca

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2020/2021 Cheques/EFT Schedule:



December 23
January 25
February 25

2020 Canadian to US Exchange Rates: January Statement / Exchange Rate = Bank Deposit Annual Fixed Rate: 1.3269

January	1.3363	July	1.3615
February	1.3510	August	1.3450
March	1.4644	September	1.3583
April	1.4311	October	1.3380
May	1.4202	November	1.3214
June	1.3878	December	