



## Seventh-day Adventist Church Retirement Plan for Canadian Employees



### Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”  
Matthew 18:20 KJV

## July

### Ontario Conference

- 5 – Administration & Board
- 6 – Departmental Directors & Support Staff
- 7 – Evangelistic Efforts & Interests
- 8 – Pastors & Members
- 12 – Teachers & Students

### Quebec Conference

- 13 – Administration & Board
- 14 – Departmental Directors & Support Staff
- 15 – Evangelistic Efforts & Interests
- 19 – Pastors & Members
- 20 – Teachers & Students

### ADRA Canada

- 21 – Administration & Board
- 22 – Support Staff
- 26 – Program Directors

### It Is Written Canada

- 27 – Administration & Board
- 28 – Support Staff
- 29 – Evangelistic Meetings

### Canadian Retirement Plans

Marilyn Pazitka, *Director*  
[Pazitka.Marilyn@adventist.ca](mailto:Pazitka.Marilyn@adventist.ca)

Charisma Hodgins  
*Retirement Specialist/Quality Assurance*  
[Hodgins.Charisma@adventist.ca](mailto:Hodgins.Charisma@adventist.ca)

Submit changes to:  
*Direct deposits, cheques, tax withholding, change of address, reporting a death*  
[Pornillosa.Aileen@adventist.ca](mailto:Pornillosa.Aileen@adventist.ca)

Send comments/suggestions to:  
*Retirement Department*  
1148 King St E  
Oshawa ON L1H 1H8  
Phone: (905) 433-0011  
Fax: (905) 433-0982  
Web Site: [www.adventist.ca/retirement](http://www.adventist.ca/retirement)

### Health Benefits Plan

Jeremy O’Dell, *Director*  
[Odell.Jeremy@adventist.ca](mailto:Odell.Jeremy@adventist.ca)

Marie Corniel, *Benefit Specialist*  
[Corniel.Marie@adventist.ca](mailto:Corniel.Marie@adventist.ca)

1-800-263-7868  
*Healthcare Claims Queries*

Submit medical claims to:  
*Health Benefits Administration*  
1148 King St E  
Oshawa ON L1H 1H8

### 2021 Cheques/EFT Schedule:



July 23  
August 25  
September 24

### 2021 Canadian to US Exchange Rates: January Statement / Exchange Rate = Bank Deposit Annual Fixed Rate: 1.3415

January	1.2926	July
February	1.2733	August
March	1.2792	September
April	1.2698	October
May	1.2261	November
June	1.2525	December