



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”
Matthew 18:20 KJV

January

Maritime Conference

- 4 – Pastors & Members
- 5 – Teachers & Students

Manitoba-Saskatchewan Conference

- 6 – Administration & Board
- 10 – Departmental Directors & Support Staff
- 11 – Evangelistic Efforts & Interests
- 12 – Pastors & Members
- 13 – Teachers & Students

Newfoundland and Labrador Mission

- 17 – Administration & Board
- 18 – Departmental Directors & Support Staff
- 19 – Evangelistic Efforts & Interests
- 20 – Pastors & Members
- 24 – SDA Students in Public Schools

Ontario Conference

- 25 – Administration & Board
- 26 – Departmental Directors & Support Staff
- 27 – Evangelistic Efforts & Interests
- 31 – Pastors & Members

2022 Cheques/EFT Schedule:



- January 25
- February 25
- March 25

Canadian Retirement Plans

Marilyn Pazitka, *Director*
Pazitka.Marilyn@adventist.ca

Charisma Hodgins
Retirement Specialist/Quality Assurance
Hodgins.Charisma@adventist.ca

Submit changes to:
Direct deposits, cheques, tax withholding, change of address, reporting a death
Pornillosa.Aileen@adventist.ca

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O’Dell, *Director*
Odell.Jeremy@adventist.ca

Marie Corniel, *Benefit Specialist*
Corniel.Marie@adventist.ca

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2021 Canadian to US Exchange Rates: January Statement / Exchange Rate = Bank Deposit Annual Fixed Rate: 1.3415

January	1.2926	July	1.2788
February	1.2733	August	1.2829
March	1.2792	September	1.2888
April	1.2698	October	1.2559
May	1.2261	November	1.2932
June	1.2525	December	1.3068