



## Seventh-day Adventist Church Retirement Plan for Canadian Employees



### Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”  
Matthew 18:20 KJV

## May

### Newfoundland and Labrador Mission

2 – SDA Students in Public Schools

### Ontario Conference

3 – Administration & Board

4 – Departmental Directors & Support Staff

5 – Evangelistic Efforts & Interests

9 – Pastors & Members

10 – Teachers & Students

### Quebec Conference

11 – Administration & Board

12 – Departmental Directors & Support Staff

16 – Evangelistic Efforts & Interests

17 – Pastors & Members

18 – Teachers & Students

### ADRA Canada

19 – Administration & Board

24 – Support Staff

25 – Program Directors

### It Is Written Canada

26 – Administration & Board

30 – Support Staff

31 – Evangelistic Meetings

### Canadian Retirement Plans

Marilyn Pazitka, *Director*

[Pazitka.Marilyn@adventist.ca](mailto:Pazitka.Marilyn@adventist.ca)

Charisma Hodgins

*Retirement Specialist/Quality Assurance*

[Hodgins.Charisma@adventist.ca](mailto:Hodgins.Charisma@adventist.ca)

Submit changes to:

*Direct deposits, cheques, tax withholding, change of address, reporting a death*

[Babida.Aileen@adventist.ca](mailto:Babida.Aileen@adventist.ca)

Send comments/suggestions to:

*Retirement Department*

1148 King St E

Oshawa ON L1H 1H8

Phone: (905) 433-0011

Fax: (905) 433-0982

Web Site: [www.adventist.ca/retirement](http://www.adventist.ca/retirement)

### Health Benefits Plan

Jeremy O’Dell, *Director*

[Odell.Jeremy@adventist.ca](mailto:Odell.Jeremy@adventist.ca)

Marie Corniel, *Benefit Specialist*

[Corniel.Marie@adventist.ca](mailto:Corniel.Marie@adventist.ca)

1-800-263-7868

*Healthcare Claims Queries*

Submit medical claims to:

*Health Benefits Administration*

1148 King St E

Oshawa ON L1H 1H8

### 2022 Cheques/EFT Schedule:



May 25

June 24

July 25

### 2022 Canadian to US Exchange Rates: January Statement / Exchange Rate = Bank Deposit Annual Fixed Rate: 1.2535

January	1.2862	July
February	1.3009	August
March	1.2751	September
April	1.2958	October
May		November
June		December