



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”
Matthew 18:20 KJV

October

Alberta Conference

- 3 – Administration & Board
- 4 – Departmental Directors & Support Staff
- 5 – Evangelistic Efforts & Interests
- 6 – Pastors & Members
- 11 – Teachers & Students

British Columbia Conference

- 12 – Administration & Board
- 13 – Departmental Directors & Support Staff
- 17 – Evangelistic Efforts & Interests
- 18 – Pastors & Members
- 19 – Teachers & Students

Maritime Conference

- 20 – Administration & Board
- 24 – Departmental Directors & Support Staff
- 25 – Evangelistic Efforts & Interests
- 26 – Pastors & Members
- 27 – Teachers & Students

Manitoba-Saskatchewan Conference

- 31 – Administration & Board

Canadian Retirement Plans

Marilyn Pazitka, *Director*
Pazitka.Marilyn@adventist.ca

Charisma Hodgins
Retirement Specialist/Quality Assurance
Hodgins.Charisma@adventist.ca

Submit changes to:
Direct deposits, cheques, tax withholding, change of address, reporting a death
Babida.Aileen@adventist.ca

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O’Dell, *Director*
Odell.Jeremy@adventist.ca

Health Benefits
healthbenefits@adventist.ca

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2022 Cheques/EFT Schedule:



October 25
November 25
December 22

2022 Canadian to US Exchange Rates: January Statement / Exchange Rate = Bank Deposit Annual Fixed Rate: 1.2535

January	1.2862	July	1.3154
February	1.3009	August	1.3180
March	1.2751	September	1.3716
April	1.2958	October	
May	1.3042	November	
June	1.3209	December	