



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Aileen Babida, Junior Accountant
*Direct deposits, cheques, tax withholding,
change of address, reporting a death*
retirement@adventist.ca

Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Nadine Ramsay, Secretary

Healthcare Claims Enquiries
1-800-263-7868
healthbenefits@adventist.ca

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2023 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3013

January Statement / Exchange Rate
= Bank Deposit

January	1.3587	July	1.3384
February	1.3769	August	1.3821
March	1.3969	September	
April	1.3772	October	
May	1.3841	November	
June	1.3399	December	



Prayer Corner

“For where two or three are gathered together
in my name, there am I in the midst of them.”
Matthew 18:20 KJV



September

Burman University

5 – Parents / Sponsors

It Is Written Canada

6 – Administration & Board

7 – Support Staff

11 – Evangelistic Efforts & Interests

12 – Television Viewers

Kingsway College

13 – Administration & Board

14 – Parents / Sponsors

18 – Teachers & Students

19 – Recruitment / Campus Ministry

Manitoba-Saskatchewan Conference

20 – Administration & Board

21 – Departmental Directors & Support Staff

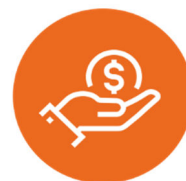
25 – Evangelistic Efforts & Interests

26 – Pastors & Members

Maritime Conference

27 – Administration & Board

2023 Cheques/EFT Schedule:



September 25

October 25

November 24