



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Elizabeth Belz, Accountant

Direct deposits, cheques, tax withholding

Nadine Ramsay, Secretary

Change of address, reporting a death
retirement@adventist.ca

Retirement Department

1148 King St E

Oshawa ON L1H 1H8

Phone: (905) 433-0011

Fax: (905) 433-0982

Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Tiffany Smith, Secretary

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

Healthcare Claims Enquiries

1-800-263-7868

healthbenefits@adventist.ca

Submit medical claims to:

Health Benefits Administration

1148 King St E

Oshawa ON L1H 1H8

2024 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3497

January Statement / Exchange Rate
= Bank Deposit

January	1.3760	July
February		August
March		September
April		October
May		November
June		December



Prayer Corner

"For where two or three are gathered together
in my name, there am I in the midst of them."
Matthew 18:20 KJV



February

Quebec Conference

1 – Departmental Directors & Support Staff

5 – Evangelistic Efforts & Interests

6 – Pastors & Members

SDACC

7 – Administration & Board

8 – Departmental Directors & Support Staff

12 – Missionaries

13 – Retirees

ADRA Canada

14 – Administration & Board

15 – Departmental Directors & Support Staff

20 – Program Directors

21 – Overseas Projects

Alberta Conference

22 – Administration & Board

26 – Departmental Directors & Support Staff

27 – Evangelistic Efforts & Interests

28 – Pastors & Members

British Columbia Conference

29 – Administration & Board

2024 Cheques/EFT Schedule:



February 23

March 25

April 25