



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Elizabeth Belz, Accountant

Direct deposits, cheques, tax withholding

Nadine Ramsay, Secretary

Change of address, reporting a death
retirement@adventist.ca

Retirement Department

1148 King St E

Oshawa ON L1H 1H8

Phone: (905) 433-0011

Fax: (905) 433-0982

Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

Healthcare Claims Enquiries

1-800-263-7868

healthbenefits@adventist.ca

Submit medical claims to:

Health Benefits Administration

1148 King St E

Oshawa ON L1H 1H8

2024 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3497

January Statement / Exchange Rate

= Bank Deposit

January	1.3760	July
February	1.3400	August
March	1.3831	September
April		October
May		November
June		December



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”
Matthew 18:20 KJV



April

Kingsway College

2– Teachers & Students

Manitoba-Saskatchewan Conference

3 – Administration & Board

4 – Departmental Directors & Support Staff

8 – Evangelistic Efforts & Interests

9 – Pastors & Members

Maritime Conference

10 - Administration & Board

11 – Departmental Directors & Support Staff

15 – Evangelistic Efforts & Interests

16 – Pastors & Members

Newfoundland & Labrador Mission

17 – Administration & Board

18 – Departmental Directors & Support Staff

22 – Evangelistic Efforts & Interests

23 – Pastors & Members

24 – SDA Students in Public Schools

Ontario Conference

25 – Administration & Board

29 – Departmental Directors & Support Staff

30 – Evangelistic Efforts & Interests

2024 Cheques/EFT Schedule:



April 25

May 24

June 25