



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Aileen Babida, Junior Accountant
*Direct deposits, cheques, tax withholding,
change of address, reporting a death*
retirement@adventist.ca

Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

Nadine Ramsay, Secretary

Healthcare Claims Enquiries
1-800-263-7868
healthbenefits@adventist.ca

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2025 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3698

January Statement / Exchange Rate
= Bank Deposit

January	1.4576	July
February		August
March		September
April		October
May		November
June		December



Prayer Corner

“For where two or three are gathered together
in my name, there am I in the midst of them.”
Matthew 18:20 KJV



February

Newfoundland and Labrador Mission

- 3 – Administration & Board
- 4 – Departmental Directors & Support Staff
- 5 – Evangelistic Efforts & Interests
- 6 – Pastors & Members
- 10 – SDA Students in Public Schools

Ontario Conference

- 11 – Administration & Board
- 12 – Departmental Directors & Support Staff
- 13 – Evangelistic Efforts & Interests
- 18 – Pastors & Members
- 19 – Teachers & Students

Quebec Conference

- 20 – Administration & Board
- 24 – Departmental Directors & Support Staff
- 25 – Evangelistic Efforts & Interests
- 26 – Pastors & Members
- 27 – Teachers & Students

2025 Cheques/EFT Schedule:



February 25
March 25
April 25