



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Aileen Babida, Junior Accountant
*Direct deposits, cheques, tax withholding,
change of address, reporting a death*
retirement@adventist.ca

Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

Nadine Ramsay, Secretary

Healthcare Claims Enquiries
1-800-263-7868
healthbenefits@adventist.ca

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2025 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3698

January Statement / Exchange Rate
= Bank Deposit

| | | |
|----------|--------|-----------|
| January | 1.4576 | July |
| February | 1.4497 | August |
| March | 1.4571 | September |
| April | | October |
| May | | November |
| June | | December |



Prayer Corner

“For where two or three are gathered together
in my name, there am I in the midst of them.”
Matthew 18:20 KJV



April

British Columbia Conference

1 – Teachers & Students

Burman University

2 – Administration & Board

3 – Support Staff

7 – Parents / Sponsors

8 – Recruitment / Campus Ministry

9 – Teachers & Students

It Is Written Canada

10 – Administration & Board

14 – Support Staff

15 – Evangelistic Efforts & Interests

16 – Television Viewers

Kingsway College

17 – Administration & Board

22 – Support Staff

23 – Parents / Sponsors

24 – Recruitment / Campus Ministry

28 – Teachers & Students

Manitoba-Saskatchewan Conference

29 – Administration & Board

30 – Departmental Directors & Support Staff

2025 Cheques/EFT Schedule:



April 25

May 23

June 25