



## Seventh-day Adventist Church Retirement Plan for Canadian Employees

### Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Nadine Ramsay, Secretary

*Change of address, reporting a death*  
[retirement@adventist.ca](mailto:retirement@adventist.ca)

Retirement Department

1148 King St E

Oshawa ON L1H 1H8

Phone: (905) 433-0011

Fax: (905) 433-0982

Web Site: [www.adventist.ca/retirement](http://www.adventist.ca/retirement)

### Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

#### Healthcare Claims:

Submit medical claims through your  
ClaimSecure eProfile account or mail to  
ClaimSecure Inc, P.O. Box 6500  
Station A  
Sudbury ON P3A 5N5

#### Healthcare Enquiries:

ClaimSecure at  
1-888-513-4464 or  
[service@ClaimSecure.com](mailto:service@ClaimSecure.com), or

Health Benefits Administration at  
1-800-263-7868 or  
[healthbenefits@adventist.ca](mailto:healthbenefits@adventist.ca)

#### 2025 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3698

January Statement / Exchange Rate  
= Bank Deposit

January	1.4576	July	1.3878
February	1.4497	August	1.4080
March	1.4571	September	1.4128
April	1.4101	October	
May	1.4083	November	
June	1.3960	December	



## Prayer Corner

"For where two or three are gathered together  
in my name, there am I in the midst of them."  
Matthew 18:20 KJV



## October

### SDACC

1 – Missionaries

2 – Retirees

### ADRA Canada

6 – Administration & Board

7 – Program Directors

8 – Support Staff

9 – Overseas

### Alberta Conference

14 – Administration & Board

15 – Departmental Directors & Support Staff

16 – Evangelistic Efforts & Interests

20 – Pastors & Members

21 – Teachers & Students

### British Columbia Conference

22 – Administration & Board

23 – Departmental Directors & Support Staff

27 – Evangelistic Efforts & Interests

28 – Pastors & Members

29 – Teachers & Students

### Burman University

30 – Administration & Board

#### 2025 Cheques/EFT Schedule:



October 24  
November 25  
December 23