

Lifestyle Programs

Your Health Benefits Plan provides reimbursement for attendance at a wellness program.

You may receive reimbursement for 50% of the registration fee to a maximum of \$1,200 (50% x \$2,400). The criteria for approval is as follows:

- only live-in programs are covered
- the program duration must be 10 days or longer
- the program offers an education component
- your attendance at the program must be **approved in advance** of your attending from your physician **or** conference administration **and** the Health Benefits Plan Director
- covered once per lifetime

When you attend, we also provide the same level of reimbursement for your spouse.