

Vitamins - Natural Remedies

We acknowledge the role of prevention in maintaining good health and will therefore cover certain natural remedies to assist in your goal of achieving best health.

The following items are covered by your benefit plan:

- Saw palmetto for men
- Natural hormone replacement for women
- Vitamin D
- B 12
- B 6
- B 2
- B Complex
- Folic Acid

The maximum amount claimable for **natural remedies** is \$50.00 per month.

Multivitamins are not covered.